

Grateful Hearts Pillar Road Map 2.0

What is the Grateful Hearts Pillar? It is the Pillar that expresses gratitude, mercy, charity, and generosity in response to the overflow of what God has done for His adopted children. These are gifts from God that we use to convey gratitude along the path to holiness in ways that Glorify God Alone by:

1. Developing an understanding of Biblical instruction on gratitude, mercy, charity, and generosity (Crawl)
2. Engaging in deliberately planned and spontaneous expressions of grateful hearts (Walk)
3. Expressing a grateful heart in every aspect of our Every-Day Ordinary Lives (Run)

Month One (Crawl) Understand what the Bible teaches about gratitude, mercy, charity, and generosity

1. Meet twice during the first month: in the second and fourth week
2. Conduct a self-study during week 1: Hb 12:28, Ps 7:17, 9:1, Eph 5:18-20, Phil 4:6-7, 1 Thes 5: 16-18
3. Develop a list of 10 Psalms that express gratitude to God in prayer; share this list with your pillar
4. Watch the sermon on giving at FMC at this [URL: https://youtu.be/LrvxeQM3yJg](https://youtu.be/LrvxeQM3yJg) ; discuss it as a pillar
5. Discuss concrete ways that you can extend mercy (not getting what you deserve) to those around you
6. Discuss how your feelings about gratitude change when you are in one of life's valleys
7. Develop a list of specific ways Four Mile can be more generous to the Tri-State Region and Beyond
8. Conduct a study on gratitude, mercy, charity, giving, tithing, and generosity using <https://www.gotquestions.org/>

Month Two (Walk) Apply what you learned to deliberately planned and spontaneous expressions of grateful hearts

1. Break into teams of 2-3 people and meet two times during the month either by phone, Zoom, or in person
2. Discuss among your teams specific ways God is working in your life right now that you are grateful for
3. Develop an exercise for the entire pillar to participate in that can help everyone practice gratitude
4. Write one thank you note or send one text each day to someone you wouldn't normally correspond with
5. Be generous to someone in your sphere of influence two times each week (can be deliberate or spontaneous)
6. Grant mercy to someone in your sphere of influence two times each week (can be deliberate or spontaneous)
7. Continue study on gratitude, mercy, charity, giving, tithing, and generosity using <https://www.gotquestions.org/>

Month Three (Run) Engage in grateful heart expressions in your Every-day Ordinary Life

1. Meet at least once during the month as a team; meet as a pillar once in month three
2. Discuss how this pillar is impacted by God's magnificent Creation
3. Continue deliberately and spontaneously extending gratitude daily to those in your main sphere of influence
4. Stop at least once each day to thank God and give Him the glory for how He has cared for you
5. Spend 15 mins each Sunday writing down a list of significant provisions God has given you over your life
6. Meet with your family to determine a plan for giving over the next year
7. Continue study on gratitude, mercy, charity, giving, tithing, and generosity using <https://www.gotquestions.org/>

Endstate: Glorify God by devoting ourselves to a life of gratitude, mercy, charity, and generosity in our every-day ordinary life.